

X-ray

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Outpatient Testing



Imaging test to be performed:

Myelography

Patient's name: _____

Test date: _____

Test time: _____

See other side for test location and registration instructions

What You Need To Know

How to prepare for your test:

- A nurse will call you for a history and will give you additional instructions.
- Please arrive one hour early and check in directly to Medical Imaging.
- Refrain from food after midnight the night before your test. You may, however, have clear liquids (no milk products or pulpy juices or nectars) up to time of exam.
- Take your usual pain medications prior to arrival.
- If you're a female of childbearing age, before undergoing this test you must undergo complete pregnancy screening.
- Please arrange for someone to drive you home.

Required before test:

Please provide a signed physician order to perform the exam.

Results will be sent to your ordering physician after a radiologist's review.

Tricyclic Anti-Depressants

Amitriptyline
Elavil
Endep
Levate
Impril
Pamelor
Placil
Norpramin
Deptran
Imipramine

CNS Stimulants

Amphetamine
Caffedrine
Dexitac
Quickpep
Vivarin
Dexedrine
Spansule
Dopram
Desoxyn
Ritalin
Phentride

Anticoagulants

Coumadin
Lovenox
Fragmin
Heparin
Uniparin

Phenothiazines

Phenergan
Anergan
Pentazine
Phenoject
Compazine

Anti-Psychotics

Haldol
Thorazine
Clozapine
Clozaril
Prolixin
Loxapac
Serentil
Fentazin
Stelazine
Mellaril
Navane
Inapsine

Don't take the following medications for 48 hours before your myelography exam:

How long will the test take?

About 2 hours.

What is the purpose of the test?

To demonstrate distortions of the spinal cord, the spinal canal within which it lies, and the spinal nerve roots connected to it. It is an effective means of identifying spinal lesions caused by disease or trauma.

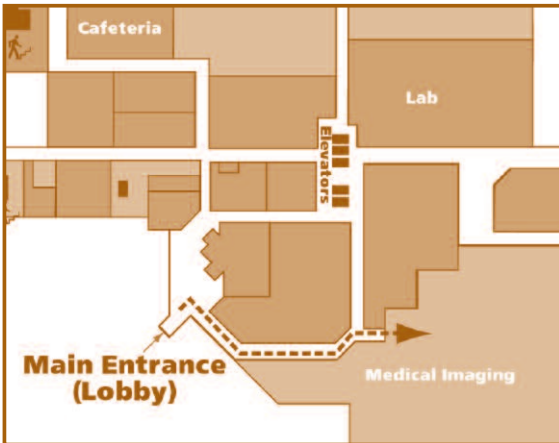
How is the test performed?

You will be asked to lie on the x-ray table and the x-ray machine will be positioned over your spine. Then, a contrast dye will be injected through a needle into the area surrounding your spinal cord. You may be asked to hold your breath as the pictures are taken so that the pictures will not be blurry.

Your test will be conducted at:

EIRMC (main campus)

Medical Imaging Department
3100 Channing Way
Idaho Falls
208-227-2600



What is an x-ray?

Your doctor has ordered for you a body imaging test known as an x-ray. X-rays are a form of electromagnetic radiation, just like visible light. In a healthcare setting, x-rays are emitted by a machine as individual "particles" (photons) that pass through the body and then get detected by a sensitive film. Structures that are dense, such as bone, will block most of the photons and will appear white on developed film. Structures containing air will be black on film, and muscle, fat, and fluid will appear as shades of gray. Metal and contrast media block almost all the photons and will appear bright white. X-rays are also known as radiographs.

How to register:

Please arrive 1 hour before your test, which includes time for you to register. See the following schedule for guidance on where to register. You will need to show a copy of your insurance card and driver's license each time you register.

Where to register:

Day/Time	EIRMC Location
<i>Mon.- Fri.</i>	
12 - 6:30 a.m.	Emergency Dept. (as outpatient)
6:30 a.m. - 4:30 p.m.	Medical Imaging Dept.
4:30 - 7 p.m.	Main Admissions (front of hospital)
7 p.m. - midnight	Emergency Dept. (as outpatient)
<i>Saturday</i>	
12 - 7:30 a.m.	Emergency Dept. (as outpatient)
7:30 a.m. - 4 p.m.	Main Admissions (front of hospital)
4 p.m. - midnight	Emergency Dept. (as outpatient)
<i>Sunday</i>	
All day	Emergency Dept. (as outpatient)