

For high-risk pregnancies... We Deliver.

Why risk it?

Everyone plans to be overjoyed by the birth of a new baby. Not everyone plans for a problem pregnancy. Not everyone plans for the Neonatal Intensive Care Unit.

But a full 10 percent of pregnant women require more highly-specialized help for themselves or their babies.

Some pregnancies are risky from the start, and even the most normal ones can become complicated in a matter of minutes.

That's why EIRMC has joined forces with Steven L. Clark, M.D., National director of HCA Perinatology Services, Michael A. Belfort, M.D., Ph.D., Director of Perinatal Research, and Melissa A. Herbst, M.D., Maternal-Fetal Medicine. These internationally known perinatologists specialize in evaluating babies before birth, and helping their mothers monitor medical problems and maintain healthy pregnancies. They even provide genetic screening and preconception counseling.

During regular visits to EIRMC, these doctors collaborate with local OB/Gyns, consult with patients, and bring healthy babies and peace of mind to area families.

You need a hospital that is ready for anything. **We deliver.**



Are you at risk?

A mother may be at risk if:

- She is younger than 18 or older than 35
- She is underweight or overweight for her height
- She has anemia (low red blood cell count and poor nutrition status)
- She has previously given birth more than four times
- She has had a previous pre-term birth (<37 weeks gestation)
- She has had a previous birth of a very large or very small baby
- She has had a previous miscarriage
- She has a family history of genetic disease or previous baby with a birth defect
- She uses substances (cigarettes, alcohol, drugs)
- She is of a low socioeconomic status
- She has pre-existing medical conditions (diabetes, high blood pressure, heart disease, lung disease, kidney disease, lupus, rheumatoid arthritis, and epilepsy)
- She has a weak cervix
- She has a history of blood clots
- She uses infertility medications or treatments (more likely to result in multiple births)
- She is exposed to external risk factors such as high temperatures, radiations, pesticides, and high altitudes



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more info



To learn more about or consult with EIRMC's Perinatologists, call 529-7147.



For a free copy of "Preparing for Your Baby 2005" class schedule, call 529-6705.



To schedule a tour of the EIRMC Women's Center, call 529-7135.