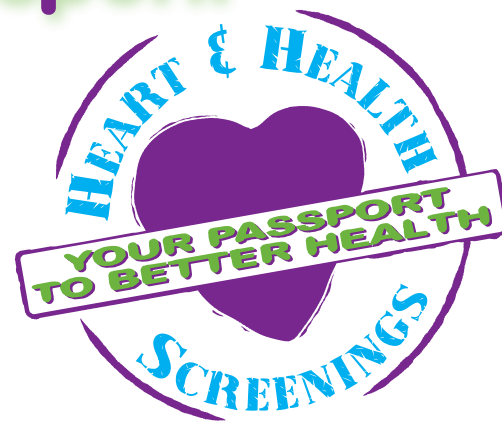


Free Health Screenings?

Grab your passport.



Where: EIRMC Medical Office
Building Lobby (West of
Main Hospital)

When: Saturday, February 6

Time: 9:00am - 2:00pm

FREE Health Screenings

- ★ Glucose Check/Diabetes Risk Assessment
- ★ Pick up Heart Risk Assessment/Total Lipid Profile Results*
- ★ Learn What Your Results Mean/Reduce Your Risk of Heart Disease
- ★ Body Fat Analysis, Body Mass Index
- ★ Glaucoma Screening
- ★ Foot & Ankle Screening
- ★ Stroke Screening: Blood Pressure, Pulse Check, Ankle Brachial Index
- ★ Wound Care Info
- ★ Advance Directives/Organ Donation
- ★ Sleep Assessment



FREE Seminars

Got Questions? Get Answers.

Seminar	Time
Advanced Directives & Living Wills: <i>Make Your Choices Known</i>	9 & 11:00 am
Free Nutritional Cooking Seminar: <i>Comfort Food that's God for You</i>	10:00 am
Free Heart Smart Seminar: <i>Just the Ticket for Your Ticker</i>	11:00 am
Free Stroke Seminar: <i>Signs, Symptoms, and Treatment Options</i>	12:00 pm
Free Sleep Seminar: <i>We'll have You Sleeping Like a Baby</i>	12:00 pm
Free Joint Pain Seminar: <i>Pointers that Work</i>	1:00 pm

Space is limited.
Pre-register by calling 1-866-887-3999

**Free Information Super Highway
Free Giveaways & Door Prizes**

* Call 1-866-887-3999 for details on getting your blood drawn and analyzed at one of four clinics being held in January.
No blood will be drawn on Feb. 6.

For more information, call 1-866-887-3999